



JGSA Plan to Re-open Guidelines for Practices and Games

May 18, 2020

1. Prior to each practice or game, parents/guardians should perform a temperature check at home of the player. Any player or coach with a temperature over 99.9 degrees will not be allowed to participate in practice or a game.
2. Players, coaches and spectators who have tested positive for COVID-19 or who have been in close contact with an individual who has tested positive for COVID-19 shall not be allowed to travel, participate or observe a practice or a game until they have been self-quarantined for 14 days.

If a player or coach has tested positive for COVID-19, the parent/guardian for the player shall notify the JGSA Board via this [self-report form](#) that the player or coach has tested positive. All efforts will be made to keep the player's/coach's identity confidential.

3. A player/coach with symptoms of COVID-19 will not be permitted to practice or participate in any games until 7 days after the last symptom has dissipated.
4. Players will not share any personal equipment or belongings during practices or games, including:
 - a. Bats, helmets, gloves, batting gloves, catching equipment, defensive facemasks
 - i. For any team items that may need to be shared (such as bats or catching equipment masks, coaches will wipe down these items with disinfectant wipes between use by different players)
 - b. Water bottles, cooling towels, food
 - c. The use of sunflower seeds, big league chew or other types of food that has the tendency to be shared by players is NOT permitted by players or coaches.
5. Each player should have their own antibacterial wipes and hand sanitizer with them at each practice and game. Players will be encouraged to use these products before and after practice and games, and, at the discretion of coaches, during practice and games.
6. During practice, an effort will be made to keep 6 feet between players/coaches on the field during drills.
7. During practice and games, players and coaches should make an effort to be contactless with other players and coaches (no high-fives, handshakes, fist-bumps, etc.).

If you have any questions, please reach out to any member of the [JGSA Board](#).